

Happy Valentine's Day!

Eagle Times

Volume 35, Number 3 February 2018

Bonny Eagle High School

Standish, Maine 04084

Strutting their stuff in the arts

By Brenna Finn and
Garrett Hawxwell

The Scholastic Art and Writing Awards winners have been announced, and Bonny Eagle High School has quite a few students being honored for their work.

In the art categories, Michaela Tillo, a junior, won a gold key, a silver key, and two honorable mentions for her art pieces. Sophomore Logan Hiltz claimed an honorable mention for his artwork, and seniors Polly Rae and Kelsey Hasty were recognized for their senior portfolio works.

Mrs. Margaret Maxwell explains that Bonny Eagle has been participating in the Scholastic Art Awards since 1989, boasting winners from the school every year. The art award winners will be mentioned in an upcoming issue of Scholastic Magazine. Over the years, many famous artists have been featured in this magazine, including Andy Warhol and Paul Gauguin.

Mrs. Maxwell explains that acquiring the recognition alongside these famous artists is important for a student's artistic life. The opportunity allows them to "feel a part of the international scene."

Not only did the art students win an award, but they also were invited to attend an award ceremony Feb. 10 at the Maine College of Art in Portland.

"It's a beautiful award ceremony," Mrs. Maxwell said, voicing her appreciation of the event.

In the writing categories, 14 students won awards and honorable mention. Gold key winners included juniors Lauren Bearor for her short story, "Dark," and Michael MacFarland-Foley for his poetry collection, "Outliers."

Silver key winners included junior Ian Jarvis for his poem, "Renaissance,"



Some of the award winners: Back row, L to R, Logan Hiltz, Michael MacFarland-Foley, Ian Jarvis, Lauren Bearor and Cassidy Grass. Front row, L to R: Michaela Tillo, Julia Morin, Kinsey Oliver, Tayler Johnson-Hartley, and Sydney Gillingham. Photo by Sarah Templeton-Bush

Julia Morin for her personal essay, "Hunger," Kinsey Oliver for her short story, "Silence," Kayla Raymond for her personal essay, "A Change in Perspective," and Tayler Johnson-Hartley for her short story, "Letters from an Insane Asylum."

All writers who earned an award or honorable mention will be recognized at a ceremony at the University of Southern Maine on March 16.

Lauren and Michael's works are also eligible for national recognition. Lauren's short story is a nominee for a national American Voices award. Five works of writing from each region are selected by local judges as American

Voices nominees, meaning that their work is judged to be "best in show" in terms of originality, technical skill, and the emergence of a personal voice or vision. National awards will be announced this spring.

"While we often have some winners, this year's number is unprecedented," said English Dept. chair, Mr. Dan Murphy. "This contest provides a forum for students to write for an authentic audience. We're fortunate to have such talented students willing to showcase their work and teachers like Ms. Maxwell and Ms. Lannin who take the time and effort to help them along the way."

Lessons learned through evacuation

By Kady Murphy

Normal Fridays at Bonny Eagle High School are particularly fast-moving, filled with anticipation for the coming weekend. On Feb. 2, however, students got their weekend a little early when the old wing of the school filled with smoke. Students and staff were calmly told to evacuate to the middle school, but things sped up when staff realized it was not the mechanical issue they had at first thought it was.

"We pulled the fire alarm when we realized (that the smoke was from something burning)," BEHS principal, Mrs. Lori Napolitano recalls. "The idea is that something got into the vent that created a spark or fire, and there's like 30 years of dust and lint in the vents and it caught."

The fire marshal has confirmed that it was most likely a cigarette. However, everyone in the building at the time was calm and cooperative during the evacuation, allowing the school to be cleared in less than four minutes. Mrs. Napolitano was the only person on the grounds of the school when the fire department arrived.

"My job is 'incident commander.' Essentially the captain goes down with the ship in an emergency, so I stay here," she explained.

Students were advised to leave their personal belongings, like backpacks, in the school. This evacuation was no different from other drills in that way.

Evacuation continued on page 2

Mentors foster love of cooking in their students

By Lea Pillsbury

Every Wednesday, a group of students from the special education program board the bus outside the high school and ride to Jack Memorial School. Their faces light up as soon as they see Chris Pillsbury, who started the program in 2015 with the hope of teaching students with special needs to cook and develop everyday life skills.

When the students see Pillsbury, they yell, "Hey chef," and go in for personalized handshakes and hugs.

One of the students, Dean Swain, says, "My favorite thing about coming here is seeing Mr. Pillsbury. Don't tell

him this but I think of him as an older brother".

Pillsbury has been a chef for many years, working at places such as Fore Street and Becky's Diner, running the Royal River Grillhouse, and previously owning two restaurants of his own.

He had always thought his passion in life was cooking and being creative in the kitchen, but when he began working as an ed tech as a side job, the kids began to take up a huge piece of his heart.

Pillsbury came up with the idea to teach the students basic kitchen skills so that they could cook for themselves and eventually get jobs in the food

industry. Each week Pillsbury creates a lunch menu that students help make and then deliver to teachers (for \$5) on Fridays. Their menus include everything from chicken wings with mashed potatoes and glazed carrots, to lasagna with homemade biscuits.

This year, now that Pillsbury is running a restaurant at Salmon Falls Country Club, he leans heavily on his assistant, Chris Ross. Mr. Ross is an ed tech who joined the BE staff in the middle of the 2016-2017 school year.

Ross attended culinary arts school but says, "My real passion has always been to teach

Cooking continued on page 2



Left to right, Adam Carberry, Darren Grabenstien, and Chris Pillsbury take a break from cooking at the Jack Memorial School kitchen. Lea Pillsbury photo

**Robotics
begins quest
page 2**

**Advice for
Valentine's Day
page 3**

**Do you
procrastinate?
page 5**

**BE linemen
honored
page 7**

**We Ask BE
page 8**

MSAD6 robotics team's "build" season has begun

By Kady Murphy

High school students around the world have questioned for years what the future will look like. Will there be robots to do our work for us?

We might have the answer to this question because of FIRST, an organization dedicated to spreading the recognition of science and technology. FIRST Robotics Competition is the subdivision of the program for high-school-aged students, and it's also the program in which our MSAD6 robotics team, BERT 133, competes.

Every year, FIRST—which is an acronym for “For Inspiration and Recognition of Science and Technology,” reveals the theme of the competition season. Last year's theme was called FIRST Steamworks. This year, the competition is called FIRST Power Up and is video-game themed. Robotics teams from the world over have six and a half

weeks to build their robots and prepare for competitions. BERT has been brainstorming ways to tackle this year's game.

“We've taken what the game is, gone through the rules, and learned what we can and can't do. From there, we came up with prototype designs and now we're building the actual robot,” says junior Logan Matthews, who has the most build hours on the team so far.

While building this year's robot, the team, led by a mix of mentors and students, is also fundraising for competitions by selling calendars for a calendar raffle this month. They also are planning to hold a bottle drive.

BERT was ninth in the world in 2016 and qualified for the world competition again last year, but were unable to go.

“Our goal is to win worlds,” junior Nate Gagnon jokes.

If not, it won't be for lack of effort.



Nate Gagnon, Donald Miner, and Chloe Falkner working hard on the robot.

Photo by Kady Murphy

Stay safe during this flu season—even if it means staying home!

By Kayla Carignan and Whitney Regan

This year's flu season has proven to be much worse than in previous years, and Bonny Eagle High School has had its share of cases. Influenza is widespread in 49 states, all but Hawaii, and in the month of January about 6.6% of all hospital/doctors visits were related to flu-like illness. This flu season has been comparable to the flu season in 2014, when an estimated 34 million people were diagnosed with the flu and 56,000 people died.

According to health officials, flu season hasn't peaked yet in Maine, and even though the vaccine is only marginally effective, there are good reasons for BEHS students and staff to get one if they haven't yet.

“A school has a high susceptibility to the flu because there are a lot of people here,” said BEHS school nurse, Mrs. Elaine Conant. She also felt that there

are many things students should do to prevent the flu, including: “get enough sleep, drink plenty of liquids, cover coughs, and wash hands thoroughly.”

Students are discouraged from coming to school if they have symptoms of the flu, and if they are at school, they will most likely be sent home.

“With a fever of 100° F, students will be sent home,” Mrs. Conant said. This goes for staff as well as students, she added.

Earlier this year, BEHS social studies teacher Mr. Chad Greene was out sick for two days with the flu, despite having been vaccinated before flu season started. His children also came down with symptoms and were put on prescription Tamiflu, which lessened the severity of symptoms. His wife also had the flu for more than a week and missed two weeks of work. She went on antibiotics after she developed pneumonia, another dan-

ger to people who come down with the flu.

Experts say there are many things people can do to keep from getting or spreading the flu: wash your hands throughout the day, sneeze into your elbow or shirt, drink plenty of water, keep hand sanitizer with you, be aware of top germ spots, such as bathrooms and door handles, and avoid sharing drinks.

If you are infected with the flu, you are not only sick, but you will also be missing out on school which can cause stress when you return.

MSAD6 just sent home guidelines to parents, warning them about symptoms to look out for. Some of the common ones include: muscle pain, sore throat, cough, fatigue, dehydration, fever, sweating, flushing, and shortness of breath.

Those who have a mild form of the flu virus do not need medical atten-

tion, and it is best to stay home, rest, and avoid contact with others. After 24 hours, if you still have symptoms, you most likely have a serious case. At that point, it is best to contact your doctor. If you have to leave the house after being diagnosed with the flu, it is important to wear a face mask, cover your mouth when coughing, and use tissues when sneezing.

Although this year's vaccine doesn't target the most prevalent strain going around this year, experts say getting a flu shot is still the best way to reduce the risk of getting the flu and spreading it to others. A 2017 study showed that just getting the flu vaccination lessened greatly a child's risk of dying from influenza.

It takes about two weeks after being vaccinated for the antibodies to develop in the body. Those antibodies provide the protection you need to fight the flu.

Evacuation continued from page one

“The procedure is to leave stuff behind because it would really slow us down,” said Mrs. Napolitano.

At the middle school, packing 1,100 students into two gyms isn't easy. Trying to get everyone to comply with the no-phone rule was almost impossible.

“Because there were hundreds of people trying to use their phones in the gym, it caused our wifi to almost crash,” Mrs. Napolitano said. “So, we shut the wifi off in both gyms.”

This was problematic for staff, be-

cause with no wifi, they had no access to online programs such as Synergy. At one point, a student couldn't remember her mother's phone number, but there was no way to look it up because of the lack of wifi access.

However, busing everyone home was by far the most stressful part of the day.

“We'd never done it before. We didn't know how long it would take for all 40 buses to get there,” Mrs. Napolitano said.

It ended up taking close to two hours

for all of the buses to leave. Parents were only allowed to pick up students after all of the buses had left, and students with cars were not allowed to go back to the high school parking lot to pick them up.

Superintendent Paul Penna later arranged for a bus to take students who had their car keys with them back to the high school parking lot. After all the students were dismissed safely, staff stayed at the middle school to discuss the evacuation. Around 2 p.m. the cause of the fire was finally determined, and faculty

returned to the building. The school was later opened from 4:30 to 7 p.m. for students to retrieve their belongings.

Meanwhile, the person whose cigarette led to the evaluation has been identified. According to Mrs. Napolitano, the maximum suspension allowed without a hearing is 10 days. Any more action would have to come from the superintendent. The third floor bathroom where the fire began is still off limits to students. Otherwise, life has returned to normal at BEHS.

Cooking continued from page one

special needs kids how to cook, and this program allows me to follow that dream.”

Ross says that the students really look forward to going Jack Memorial each week, and they talk about “Chef” (Pillsbury) all the time. Mr. Ross is now tasked with taking the students shopping for the food each week, teaching students how to grocery shop and handle money so that someday they will be able to do it themselves.

Between 13 and 18 students participate each week. They are separated into groups which rotate through different stations. They cook in the kitchen and do dishes, participate in

occupational and speech therapy, do arts and crafts projects, and practice money skills. All of the students seem to have their personal favorite.

One of the students, Brandon Pierce says, “My favorite thing is helping people.”

His friend James Raymond says, “My favorite part is seeing my friends.” Elyssa Franklin adds, “My favorite part is the arts and crafts.”

The students have learned appropriate knife skills and knife safety in the kitchen, and have cooked recipes that most of the mainstream kids at BEHS have never even heard of.

Some of the students have even started going to the vocational PATHS culi-

nary arts program in Portland after having discovered their love for cooking.

Both Pillsbury and Ross explain that the program instills confidence in the kids. In the beginning, some of the adults were skeptical and tried to warn Pillsbury not to expect too much from some of the students. But Ross and Pillsbury both say all students have been successful, and they are also truly enjoying themselves.

“All of the students do really well in the kitchen,” Pillsbury says. “You just need to give them a chance. I wish everyone could recognize that these students can do anything they set their minds to.”

What motivates some of the students

is the possibility of working with Pillsbury and Ross outside the confines of the Cooking with the Scots program.

Two former students and one current student have earned themselves jobs at the River Tap and Grill Restaurant, where Pillsbury and Ross man the kitchen. Every day the idea of working for “chef” is mentioned multiple times by multiple students.

Money made from the program goes towards the end goal of putting on a cookout in the spring for the students, their parents, and administration from the high school. This gives the students something to work towards, knowing the money will earn them a fun day and a well-deserved reward.

The Eagle Times staff

Editor-in-chief
Abigail Kovacs

Reporters

Sarah Durocher
Brenna Finn
Haydn Goulet
Garrett Hawxwell
Dillon Hiltz
Logan Hiltz
Athen Hollis
Ian Logsdon
Kady Murphy
Zoe Peters
Lea Pillsbury
Elizabeth St. Arnaud
Zeke Sturgeon
Channing Webber

Photographer
Tabitha Burgess

Teacher Advisor
Ms. Joanne Lannin

The *Eagle Times* is the student voice of Bonny Eagle High School, published regularly with a circulation of an estimated 800 copies

The purpose of the *Eagle Times* is to:

- Present the news, as it pertains to the student body, in a non-biased and tasteful fashion,
- Provide a forum, wherein ideas and options, concepts and concerns may be freely and openly discussed,
- Provide the student body, faculty, and administration with a circulated medium in which letters, notices of recognition, and other submissions may be published.

The *Eagle Times* welcomes submissions from students, faculty, staff and community members. All submissions MUST be signed by their respective authors. The *Eagle Times* reserves the right to edit submissions based on length, language, or clarity. The *Eagle Times* reserves the right to reject submissions which are found to be libelous. By-lined columns or opinions do not reflect those of the *Eagle Times*. All photos not the property of the *Eagle Times* have been obtained through Creative Commons searches, according to the federal rules governing fair use.

Bonny Eagle High School
700 Saco Road
Standish, ME 04084

Time to enjoy Valentine's Day your way

By Elizabeth St. Arnaud

"Roses are red, violets are blue, sugar is sweet and so are you, but...the roses are wilted, the violets are dead, the sugar bowl's empty, and so is your head."

It's that time of year again, where the love birds sing and the lonely crows, well, crow. Each year brings the traditional debate: Is Valentine's Day a commercial? A cliché? Whatever your opinion, we all end up celebrating it in one way or another—whether it's with a bowl of ice cream at home watching a lonely romantic comedy, completely ignoring it, or spending it with a candlelit dinner for two.

Long ago, about the 3rd century in Rome, a ruler named Emperor Claudius II decided that single men made better soldiers than those with wives and families, since men without responsibilities were better able to follow commands that might lead to their deaths. In response, this Emperor Buzzkill outlawed marriage for young men. Valentine, a priest, realizing the unfairness of the decree, went against Emperor Claudius and continued to perform marriages for



Creative Commons CC-BY-SA 2.0

young love birds in secret. When Valentine's actions were discovered, Emperor Buzzkill ordered that he be put to death.

According to another legend, Valentine was actually a rebel helping Christians escape harsh torture in Roman prisons. He was imprisoned and fell in love with his jailer's daughter. They had a Romeo and Juliet thing going on, and right before he died, he sent the world's first Valentine, signing his letter, "From your Valentine."

A modern clichéd Valentine's Day, however, may go something like this:

roses, chocolates, teddy bears, cards. All of that is great, but sometimes I think people are too in love with the stuff, and not the one important thing the day celebrates: being with your special someone. I don't mean, "Hey wanna be my Valentine just so I won't be alone?" because chances are, you'll forever be alone if you act that way.

For the stone cold loners out there, whether it's bitterly ignoring the day, or just not caring what goes down, Valentine's Day isn't always for lovey-dovey stuff. Galentine's day, brotine's day, you can spend it with friends (if you have any) just making fools of yourselves.

Maybe just having some R&R, or taking advantage and making your parents get you a bag of candy to binge eat and watch, I dunno, *Stranger Things*?

So, this Valentine's Day maybe put the commercial things aside and focus on the time you can spend with people, or be the amazing introvert you are and horde the share size of Skittles. Just remember, love is not actually in the air—oxygen, nitrogen, and carbon dioxide are in the air. Happy Valentine's Day!

Some advice for ghosters and the ghosted

By Elizabeth St. Arnaud

Ever feel like that certain someone is ignoring you? Do your friends say "that's crazy," and that you're paranoid for thinking it?

Does that friend talk get your hope in humanity up? Well stop; the following signs say that your special someone is ignoring you to break things up. That's right, they're ignoring your total existence, a tactic known as ghosting.

Ghosting is a social media "term" for when a person cuts all ties with their significant other...without telling them. That means ignoring their texts, not returning their smiles, deleting their calls, totally forgetting their existence. This leaves the other person without explanation, not even: "I'm breaking up with you"

Ghosting sounds like a pretty cowardly thing to do to a person. Have you ever done it? This can be bad for your reputation. This leaves the other person wondering.

Now, if you don't care about leaving them in wonder, just imagine how annoying that ex of yours will be without you answering their questions. The best way to do this is at least take five minutes to talk to them.



Photo by J. Johnson. Courtesy of the Missouri Historical Society, St. Louis archive.

Write a text for them to see explaining everything, and wait for their response. Tell them your last goodbyes, and after their response, answer any questions. Then, yay! You can avoid the petty cut-up pictures of yourself at your doorstep, although, unless it's mutual, you can't completely avoid the ex.

In the case of psycho or needy partners, ghosting may actually be the way to go. Sometimes there's no better way to let them go. What are you doing? Where are you? Why aren't you making constant eye contact with me? Don't you love me?

Yeah, they sound like a real peach. You've tried other methods, but each

ends in them just staring at you in silence, waiting for you to say your usual line of "just kidding...heh."

That, my friend, is being a pushover. If you aren't happy in the relationship, make it heard. When all else fails and the threats start to roll in, maybe it is better to just become a ghost, or (depending on the threats) get a restraining order.

If on the other hand you are being ghosted, before you start to cut up the pictures, burn the roses, change their contact name to Jerk, take a minute to think. Sometimes people can overreact, and sometimes people have the story wrong, so maybe another chance is in order.

Sometimes the problem is you. You may be a little too obsessed. I'm not saying change yourself, but maybe turn the GPS tracking off? Or maybe it's the other person; they need some space, or just want to be single.

Just remember, this is high school, our "path of discovery." Nothing is permanent. Enjoy having no responsibilities. Don't tie yourself down. Some things are worth doing and worth making compromises for. Ghosting is really your decision. It's your reputation on the line.

That's Just Life

By Dillon and Logan Hiltz



Time to learn “Herstory”



Mrs. Dawna Cyr created the popular new class at BEHS *Staff photo*

By Abigail Kovacs

One of the most frequently-asked questions by any high school student is: “When are we ever going to use this?”

When it comes to Ms. Dawna Cyr’s new women’s history class, the answer is: Always. The role females have played and their contributions are often minimized, misrepresented, or omitted entirely. Ms. Cyr is hoping to change that. Her course, appropriately entitled “Herstory,” address the absence of women in history, science, art, and politics, by making their experiences the center of a story traditionally recorded by men.

“I love history, but we always learn about the men—never about the women,” Ms. Cyr reflects, “I wanted to know more about women.”

Many of her 26 students this trimester echo her sentiments, expressing excitement at the chance to explore another historical perspective.

“Before taking this class I had no clue how much women have contributed and how hard life was for them back then,” explains senior Evan Smith.

“I wanted to learn more about the

women that got us the rights we have today,” says senior Tia Lavigne, “I knew that the rights we have took a lot to get, but I never knew how much until I took this class.”

Ms. Cyr emphasizes that a comprehensive, unbiased understanding of history is crucial regardless of gender.

“It’s a brand new world for the male students,” she says. “It’s really nice to understand the other perspective. We’ve taught so many classes from a male perspective, but now we’re getting *her* side of the story.”

Since starting the course second trimester, the students have already explored a wide variety of topics related to women and the role they played in defining our past.

“We are examining women’s history by looking at a number of aspects including diaries, letters, artworks, court documents, music, needlework, and many more,” says Evan. “So far, we have learned what life was like for the women of New England, colonial women, Native American women, and African American women, as well as women in the North and South before, during, and after the Civil War.”

“It’s not so much focused on major events as much as the lives of women and where they fit in,” Ms. Cyr clarifies. “It’s almost better-termed as a ‘social’ history as opposed to event-based history.”

She also notes that the class is unlike many others offered at Bonny Eagle.

“Sometimes our topics are a little sensitive. We talk about courtship, weddings, contraception, abortion, medical issues. We pull out some of the famous women along the way, and dispel some of the myths about them...We have a

Herstory cont. on page 6



Tom Hanks, right and Meryl Streep team up in “The Post.”

Universal Studios photo

Film affirms need for the press

By Abigail Kovacs

“We can’t have an administration dictating to us our coverage just because they don’t like what we print about them in our newspaper...”

At a time when Donald Trump’s White House has declared war not only on the “fake news” media, but on the truth itself, this powerful declaration by legendary Washington Post editor, Ben Bradlee, is especially poignant. Equally as relevant is his portrayal by Tom Hanks in the new Steven Spielberg film *The Post*.

Set largely during a few anxious weeks in 1971, the movie revisits The Washington Post’s decision to publish portions of the Pentagon Papers, an immense classified report that chronicled America’s involvement in Southeast Asia from World War II to 1968.

The report, first released by Marine-turned-government-researcher, Daniel Ellsberg, is an encyclopedia of outrageous and questionable decisions, described by Ellsberg as “evidence of lying, by four presidents and their ad-

ministrations over twenty-three years, to conceal plans and actions of mass murder.”

The New York Times initially broke the story on June 13, 1971, but was forced to halt publication for violating the Espionage Act. Shortly thereafter, The Post began running its own excerpts, becoming the center of a Supreme Court battle over the First Amendment.

Importantly, this epic legal and existential struggle occurs just as newspaper owner Katharine Graham is preparing to take her family’s media company public—a deal that could easily be sabotaged by her potential imprisonment and a Supreme Court fight, not to mention the vindictive administration of president Richard Nixon.

These few pivotal weeks form the basis of *The Post*, a gritty, stirring, and intensely pertinent story in which Meryl Streep and Tom Hanks portray Bradlee and Graham with thoughtfulness and gusto. The film flows with a straightforward, unfussy clarity and shines light on

The Post cont. on page 6

Our political parties: Neither one is on the people’s side

By Christopher Hascall

Ever since Alexander Hamilton founded the Federalist Party in 1792 against the warnings of George Washington (who feared it would result in partisan fighting), our country’s government has been plagued by division. These days, it’s the Democrats, who tout themselves on a platform of “progressivism,” and the Republicans, who say “fiscal responsibility” will be our nation’s saving grace.

For decades, our country has switched between red (Republicans) and blue (Democrats) in an attempt to solve some of our most harrowing issues: endless war, a \$20 trillion debt, poverty, unemployment, institutionalized racism, threats to civil liberties, and climate change. Sometimes, we end up with a Democratic president and a Republican congress, as was the case with President Obama, and sometimes it’s been the opposite, like with President George W. Bush.

If you’ve ever talked to your “liberal” aunt or your fiercely “conservative” grandfather, you’ll find they seem to disagree on quite a bit. So is division really the root of the problem here? Just how much do the ideologies of these two parties differ?

Let’s start with the most famous Democratic president of all-time: Franklin Delano Roosevelt. Under the Roosevelt administration, the size and power of the federal government increased exponentially. Of course, it’s common knowledge that Roosevelt

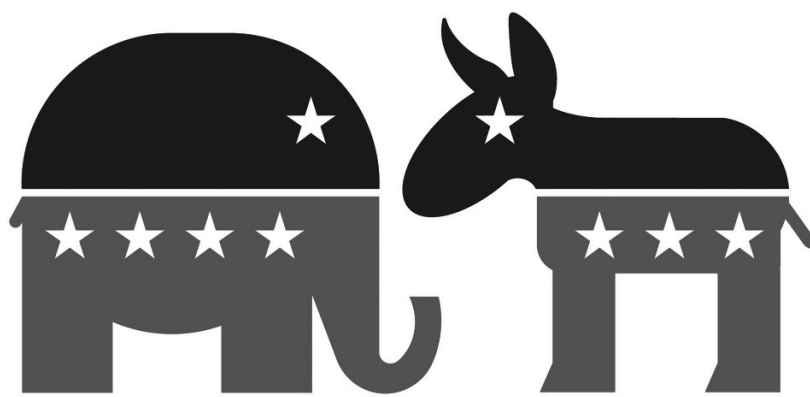


Illustration by Donkeyhotey via CC-Generic license 2.0

“saved” us from the Great Depression. Former Republican Speaker of the House Newt Gingrich was even quoted as saying that Roosevelt “did bring us out of the depression” and is “the greatest figure of the 20th century.” Social Security, government involvement in economic policy, heavily increased regulation, and a larger federal government became the norm.

Back then, conservatives didn’t hawk too much about the size of the government or the raising of taxes. The top tax rate in the 1940s was 90 percent, but more importantly, the minimum tax rate for someone making \$50,000 a year skyrocketed from 4 percent to upwards of 20 percent, according to the Tax Foundation. (This meant the average Ameri-

can was being taxed at a much higher rate during and after the Second World War.) “Hey, we beat the Axis powers! What’s wrong with keeping some of the Depression-era welfare programs?”

Flash forward 30 years or so, and Roosevelt had set the precedent for massive programs such as Medicare (1966) and Medicaid (1965), which now take up the majority of the federal budget, as well as giant government agencies such as the National Surveillance Agency (1952) and the Central Intelligence Agency (1947), and new government departments that performed duties never detailed in the U. S. Constitution.

Conservative small-government hawks were infuriated and later found a hero in former actor and governor of California,

Ronald Reagan. This constitutional hero expanded tax deductions and exemptions in the 1980s and declared a “war on drugs,” among other things. Republicans generally look back on Reagan’s legacy with favor, but when one looks at the facts, these victories aren’t quite as deserving of celebration.

Reagan ended up increasing the debt by 186 percent while complicating the tax system and doing little to help the average American. Government spending went down by a mere one percent. A Nixon aide later admitted in an April 2016 interview with *Harpers Magazine* that the War on Drugs wasn’t meant to decrease drug use and was instead meant to target “the anti-war left and black people.”

To throw some napalm on the fire, Reagan further confused Republican ideologies by granting amnesty to 3 million illegal immigrants—an action that would make Republicans in today’s Congress faint.

In the 1960s, the South turned Republican and the Democrats began to cater to black voters and support something that had been largely ignored since 1776: basic civil liberties.

Democrats demonized Republicans and declared themselves champions of desegregation, gay rights, women’s rights, religious freedom, and more. However, their promises have remained largely unfulfilled. This year, the Supreme Court is set to decide whether or

Politics continued on page 5

Chen is taking changes in stride

By Zeke Sturgeon

Jiechen Xing is a new 10th grade student, who goes by the name Chen. He has been at our school since Dec. 23. This is his first time away from home, but Chen enjoyed the flight, even though it was more than 20 hours long.

Chen is adjusting to life at BEHS, especially the atmosphere and how our high school operates. While most Bonny Eagle students probably don't think they have a lot of control of their school life, apparently compared to China we do. Chen enjoys this very much, since he no longer has to stay at school until 10 p.m., six days a week.

"The school work is really easy and I have a lot of free time," he notes.

Staying at school all day, six days a week is foreign to us, but not as baffling as the restricting of student relationships in some Chinese schools. In Chen's school, students are not allowed to date, but Chen said he, along with many other students, didn't take this rule very seriously.

On the positive side, his rigorous learning regimen in China has provided

perks, such as making Chen a focused and hardworking student. It also has sparked his great interest for such things as history and philosophy.

Chen's diligence may also be a product of his mother's job as a teacher. Chen's mother teaches the Chinese culture class here at Bonny Eagle, but this is not an unfamiliar thing for him. Back in China, Mrs. Ji Wenhua also taught at his school.

Mrs. Ji is proud of her son and his accomplishments. "He is very diligent and does not have problems with deadlines," she says.

Chen does have some complaints about life in America, mainly having to do with his living situation.

"America's infrastructure is very inconvenient," he says.

This hits the hammer on the nail, for Chen is living in the middle of Hollis where civilization is sparse and wilderness is plenty. That's a big change from where he lived in China, where the cinema was only a brisk 10-15 minute walk from his house; getting anywhere from Hollis means a drawn out 20-30-minute



Mrs. Ji Wenhua, left, and her son, Jiechen Xing (Chen) will be spending the rest of the school year at Bonny Eagle.
Photo by Tabitha Burgess

year.

Chen is also having difficulty getting used to American food, but he will have to, because according to Chen, he and his mother are going to be part of our BE family for at least the rest of this

Chen's final words on being at BE were, "I am very glad to join Bonny Eagle. It's a big new family; I enjoy my life here. I'm looking forward to meeting new people."

Disconnecting is often the way to beat procrastination

By Zoe Peters

I am a major procrastinator of absolutely everything. I will wait until the day before an assignment is supposed to be due, and then rush to finish it. I always put everything off until the last minute, whether it pertains to schoolwork or simple chores around my house. I'm not the only one though. It turns out that most of us are procrastinators.

Why do you procrastinate? Do you not know where to start, have a fear of failing, or are just plain forgetful? Are you overwhelmed by other commitments or easily distracted?

It's pretty safe to say that most high school students spend their evenings falling through the endless spiraling of YouTube, taking pointless BuzzFeed quizzes, and binge-watching anything they can find that sounds remotely interesting on Netflix.

Usually, those 87 percent of us high school procrastinators start right when we get home from school. Somehow, we find ourselves in the same place eight hours later with an empty bag of chips to one side and an almost-dead phone or laptop in front of us, completely confused as to how we got here, feeling lost



Canstockphoto.com photo

when we attempt to look back at how we spent so long, confidently saying, "I'll start my homework after this episode" followed by "Well... maybe just one more" then, the classic: "Okay, okay I swear, this is the last one".

So how does this qualify me to give advice on the subject? Well, when I really put my mind to it, I can get my work done in a timely manner. Although still

my distracted heart desires.

Reminding yourself of the probable outcome of finishing your task will also help you to stay motivated to finish in a timely manner. I personally enjoy reminding myself of how surprised my mom will be when I've washed all the dishes without her asking me to, or finished my essay for English a day before it's due.

The surprised look on my mom's or teacher's face is always worth every bit of effort I put into completing my work earlier than expected.

The last thing I've done to stop procrastination in its tracks, is to disconnect. Yes, "disconnect." It's a terrifying thought, but it really works. It gives you the chance to completely separate from almost all the distractions of social media and just finish what you have to do. That way, you won't know what is happening, or what your friends or peers have to say or what they're doing.

Then, once you've finished your work, you can turn your phone and your wifi back on, and again, do whatever you wish, with the feeling of having succeeded in doing your work.

Politics continued from page 4

or not you can be turned away from a business for being gay. In addition, schools are more racially segregated than they were when Brown vs. Board of Education ruled in favor of "progressivism," and women's birth control is rarely covered in healthcare policies.

Is the lack of progress entirely the fault of Democrats? Of course not. But the progress that has been made can be credited to independent groups that won hard-fought court battles, not to the Democratic party, which spent the last few decades failing to pass any serious legislation that protected constitutional rights.

Instead, the Dems opted for passing the PATRIOT Act, which allowed the federal government to spy on American citizens without a warrant and, until 2013, without their knowledge. The party that claims to protect constitutional rights voted to pass the act with a massive majority in the House and only one

dissenting Senate vote.

Ever since FDR's presidency, the two parties have proven themselves to be almost completely ineffective in passing policy that respects the constitution, lowers the debt, helps Americans, or makes any sense at all.

Republicans and Democrats are two sides of the same unscrupulous coin, profiting off of voter bases that hate each other and consistently voting against their own interests—facilitated by politicians who stuff their pockets with money from corrupt unions, corporations, and Wall Street.

This is a harsh reality; no one is on our side. Perhaps it's time for common sense change. Reinviting independent thought and civil discussion into our government rather than turning entirely to party platforms will not only solve national issues more effectively, but it will allow us to finally move on from our horrific, war-torn, debt-ridden past.

Public service advertisement



Host an Exchange Student from France!

April 18-May 6

Students come with their own expense money.

They will be spending time at BEHS and in group activities

Please contact local host coordinator: JUDY FARWELL for more information.
Email: farwell4@hotmail.com Phone: 207-415-9720

Reviews

Page 6

February 2018

Sci-fi search yields winner

By Sarah Durocher

While browsing a bookstore recently, I came upon *Starflight*, a science fiction book by Melissa Landers that was published in 2016. *Starflight* is the first book in a two-book series. (The second book, *Starfall*, came out in 2017).

Since science fiction is my favorite genre, I decided to read the first book and was very happy with how it turned out. It had adventure, action, and a bit of romance that keeps you on your toes.

Right away, we see Solara Brooks, the main character, looking for passage to the outer realm. The only way she can get passage is if she is taken on as a servant. She wants to get a job as an engineer, where no one will care about the felony tattoos across her knuckles.

She is so desperate that she indentures herself to her childhood enemy, Doran Spaulding. Doran is the son of one of the richest men in the galaxy, and the heir to Spaulding fuel. He kicks her off the ship after learning about the tattoos on her knuckles, and she has no choice but to stun him and take him with her aboard the Banshee.

Doran learns he's been framed on Earth for a crime he didn't commit. He stays on the ship with Solara. With the



Disney-Hyperion cover photo

help of the Banshee crew, she assists Doran in finding mysterious coordinates that his father left him, while running away from the law, assassins, and space pirates.

I loved this book. The characters are well developed, and you really get to know the crew aboard the Banshee.

While the book is classified young-adult fiction, I highly recommend it to anyone looking for a good escape from reality or a nice sci-fi. I'm already planning on reading the second book soon.

Gen 3 smartwatch changes the game

By Athen Hollis

Smartwatches are nothing new; from Apple to Android, most large technology companies have released one. But they all look the same, a clunky black square on your wrist.

Last March, Fossil released the first line of hybrid smartwatches. Fossil changed the game with a new version of smart watch. It is wristwear that is innovative yet fashionable. It's practical and functional for everyday use. Yet it is something you will want to wear because of the sleek design.

I've been wanting a smartwatch for a while, but I always thought the design was grisly. Then I discovered this watch, and in my opinion, Fossil has taken the smartwatch to a new level.

The Gen 3 Smartwatch is compatible with Android and IOS phones. With a built in activity tracker, device connectivity, and calling abilities, this product is more like a mini smartphone than a watch. You can even get notifications such as social media updates, texts, emails, app alerts, alarm clock, and calendar alerts.

Not only do I use the clock feature but also the calculator, calendar, and games on a daily basis. If you are like me and constantly misplace your phone, the watch even has a phone finder. Trust me when I say that this feature is a lifesaver.

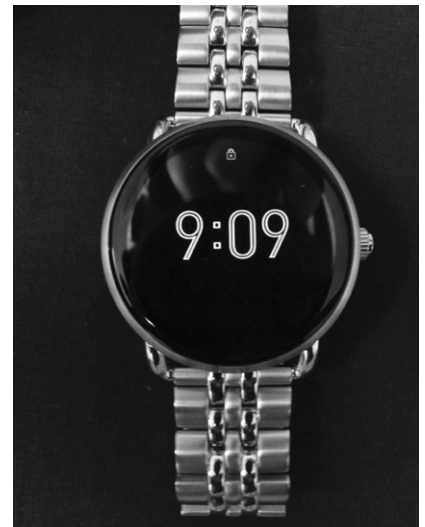


Photo by Athen Hollis

There are plenty of designs to choose from, and with interchangeable straps, you will never get bored of your look. The only downside is the cost. This item might have to stay on next year's Christmas list with its whopping price of \$275.

Anyone looking for not only an aesthetically pleasing watch, but one that's functional for everyday use should consider the Gen 3 Smartwatch from Fossil. It is on the more expensive side, but once you buy one you'll never want to go back.

Suitable ending served up in final *Maze Runner*

By Dillon Hiltz

Maze Runner: The Death Cure, the third and final movie of the *Maze Runner* trilogy, is the concluding chapter based on the best-selling *Maze Runner* book series. The plot of the franchise revolves around a young man named Thomas who wakes up in a maze with no memory of anything at all.

Soon joining his new friends, Thomas beats the maze, and slowly starts remembering his past. He discovers the evil organization WCKD, and their horrible intentions.

This movie is about Thomas learning the truth about WCKD—and why they want him so badly—and answering other questions that arose during the previous entries.

The first two movies weren't terrible, so I was looking forward to reviewing this movie. However, the first two

weren't perfect either, so I went into the theater hoping for the best.

Though it was flawed, *Maze Runner: The Death Cure* served as a suitable ending for the franchise. It had some fantastic action sequences, heart-breaking moments, and stunning makeup and digital effects.

Despite the pacing being slightly slow in the beginning, I never lost interest in the film through its 2 and a half -hour running time. I found this movie more entertaining than *The Scorch Trials* as well, which is a nice step forward.

However, there were some things about this movie that kept bugging me. The dialogue around the halfway mark started to get a little sloppy and clichéd, and left some questions unanswered.

In the first *Maze Runner* movie, we saw Thomas in a flashback working

for WCKD. The movie never dove into this topic, nor did it even touch upon it. We never really got to learn everything about Thomas' past either, which was also touched upon in the previous films. Regardless, it answered enough questions to make the movie watchable.

Overall, for a movie adaptation of a modern bestseller, *Maze Runner: The Death Cure* was far from flawless, but farther from awful. If you are a fan of the book or movie series, by all means see the movie. It's quite satisfying seeing the original cast after a three year wait, and seeing the problems that unfolded earlier finally resolved.

But, if you haven't seen the previous movies, or weren't a huge fan of the other two films, you might want to wait for its DVD release.

My score: 7/10. Stay tuned for my next review!



20th Century Fox photo

The Post continued from page four

events which shaped the journalistic landscape and spearheaded government transparency.

In *Graham* I found a powerful, though unexpected heroine. In 1971, she had been running *The Washington Post* for eight years, after her husband took his own life. Painfully shy and prone to self-doubt, she appeared an uneasy corporate leader and an unlikely feminist pioneer.

Initially, I was disappointed by her seeming lack of assertiveness. Time and again, men crowd and talk over her, walk in front of her, and speak for her. But as the conflict intensifies and the political becomes the personal, Graham finds a new purpose and identity. It's Graham's transformation from insecure wife to journalist that gives *The Post* an added poignancy. Her story is a moving portrait of a woman, who, in liberating herself, helps ignite a revolution.

Like Streep's stirring portrayal, the

antagonism between the government and the media gives the film a layer of topicality.

With the Pentagon Papers as its catalyst, the movie examines a complex relationship between the press and the political powers which influence it. Most importantly, though, the film addresses the vital role journalism plays in exposing wrongdoing and protecting the truth from these powers.

As *The Post* proves, investigative journalism still matters. The present-day relevance of a story in which a touchy, overweening president attempts to curtail the free press; or in which a working woman encounters endless patronizing slights, only to emerge with confidence and resolve, is undeniable.

Overall, the film is a rousing homage to the ideals of journalistic independence, government accountability and gender equality, that underlines why these principles are so important.

Herstory continued from page four

very free-flowing conversation. Nothing's off limits."

"I look forward to coming to [herstory] because it isn't your normal class," says Tia. "You are always involved in some way...my favorite part is having more freedom to say what's on my mind."

"Although it is new and there are some rough spots, I am enjoying the class and would recommend it highly to others," says senior Nathan Carlow. "Ms. Cyr is very passionate about her work and it shows. For such a broad field of study, it's very easy-going and inclusive."

Ms. Cyr explains that creating Herstory as part of her Master's program wasn't easy.

"I've never spent so many hours with my nose in a book," she jokes. "On average, for every class that I teach, I'm probably spending anywhere between four and five hours prepping. I'm not

content to teach from one source because I want to put so much in. I keep telling my students, 'the more I learn the less I know,' but I would rather have way too much than too little."

With Women's History Month less than a month away, a class which celebrates diversity of experience gains in importance.

"When I looked back, it occurred to me that a vast amount of important information on women was never mentioned in the normal history classes," says Evan. "Women definitely have played a big role and I think it is necessary to know what they have done."

As Ms. Cyr concludes, "We have to understand where we've been to understand...how to move forward and change it. With the #metoo movement, sexual harassment coming to the forefront, women's rights, equal pay, I see the students of today as the ones who are going to go out and make those changes."

Clean sweep for BE at Frank Gaziano lineman awards night

By Athen Hollis

Seniors Zachary Klein and Arlo Pike swept the Frank J. Gaziano Memorial Offensive and Defensive Lineman Awards this year.

The award gives \$5,000 to students who show outstanding leadership and character, not only on the field but in the classroom.

According to the award website, it is the largest scholarship of its kind in the United States, established in 2010 in memory of Frank Gaziano, founder of National Distributors in South Portland, and a former college All-American and professional football player.

Last year, Bonny Eagle football captain Parker Gammon was a runner-up for the Gaziano award. BEHS alumni Nate Martel won the award in 2010.

The award ceremony was held at the Augusta Civic Center on Jan. 27. The two keynote speakers for the event were Logan Mars, a 2011 Gaziano Award winner, who played four years at the U.S. Coast Guard Academy, and Kevin Cooper, head coach at Bonny Eagle High School.

Along with the \$5,000 scholarship, Zach and Arlo received

commemorative trophies and leather jackets.

"All of us associated with Bonny Eagle football couldn't be more proud of Zach and Arlo for being named Gaziano Lineman Award winners," said Cooper. "Both of them are great examples of what it means to be a student-athlete. I couldn't be happier for them."

Winning the Frank Gaziano award takes more than just commitment to your sport. Zach has volunteered as a youth football coach for BE and spent time his freshman year creating the "Fight Like a Scot" program for cancer research after his mother was diagnosed with breast cancer.

"This award means a lot. It means all the hard work in the weight room, classroom and in the community, has finally paid off," said Zach upon receiving the offensive lineman award. "As linemen we don't get a lot of what I'll call love, for lack of a better word, because when the quarterbacks are throwing touchdowns, we're the ones blocking for them. It all kind of starts with us, so it is nice to be recognized for that."

Arlo Pike, who won the defensive lineman award, volun-



Left to right, coach Ben Ledue, Arlo Pike, Zach Klein, coach Josh Lund, and head coach Kevin Cooper at the awards ceremony. Beth DeSimon photo

teers at Catherine's Cupboard, a food bank in Standish. He also coaches youth football. This is not Pike's first award; he has been honored for his leadership and ability to overcome adversity when he received the Julia

Clukey "Courage Award" two years ago as a 10th grader at a school-wide assembly

"We might not get all the attention, but it is definitely cool to be recognized for all the hard work we put in," said Arlo

on the night of the award ceremony. "It's an honor to win the award, I know everything Frank Gaziano did, and I am definitely going to try to live up to his legacy and be the best man I can be."

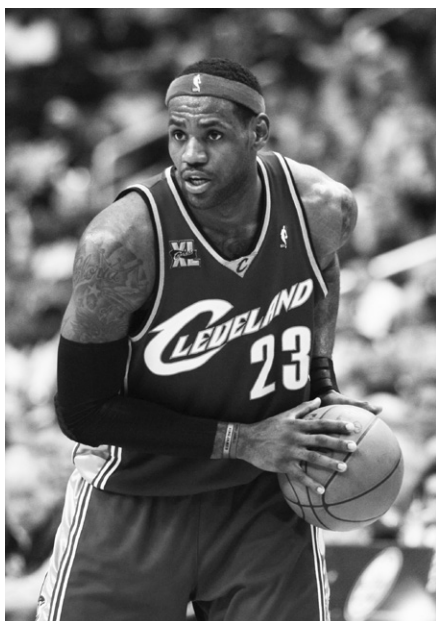


Photo by Keith Allison from Kinston, USA. Creative Commons license 2.0.

NBA first half review

Only time will tell who comes out on top

By Haydn Goulet

With the annual All Star break just days away (Feb. 18), the first half of the 2017-2018 NBA season has officially ended, and this NBA fan is excited to see what the second half will bring.

This past offseason, many big names moved to different teams, and some fresh new faces, such as Lonzo Ball and Jayson Tatum, joined the league.

At this point, the Western Conference looks just like most fans thought it would. The Golden State Warriors are reigning supreme, as they have the past three previous seasons. Not too far behind are the San Antonio Spurs, who seem to be competing with the best teams every single year, and the Houston Rockets, who may have the MVP

with James Harden, while also adding an All-Pro point guard in Chris Paul.

Teams with new star players, such as the Minnesota Timberwolves, who added All-Star Jimmy Butler, and the Oklahoma City Thunder, who acquired two big names in Paul George and Carmelo Anthony via trade, are both making a run to be a top seed in the West.

The Eastern Conference on the other hand, has provided some surprising first half finishes. So far, the biggest surprise in all of basketball has to be the Boston Celtics, who have the third best record in the NBA and sit atop the Eastern Conference with 40 wins.

The Celtics shocked the world by trading their fan favorite player, Isaiah Thomas, to the three time defending

Eastern Conference champions, Cleveland Cavaliers. In return, they acquired Kyrie Irving, who is one of the league's brightest young stars. Kyrie forced a trade, by saying he did not want to play behind LeBron James any longer.

The Celtics lost their season opener to the Cavs, and they also lost their other big acquisition, Gordon Hayward, to a severe broken ankle. Still, they went on to win 16 straight games to jump out to an early 16-1 record.

Another surprise team is the Toronto Raptors, in second place, and not far behind them, of course, are the Cavs. Only time will tell who will be bringing the World Championship home this June!

What counts on this court is confidence

By Ian Logsdon

Bonny Eagle's Unified basketball team opened its season with a win against Sacopee Valley on Feb. 9.

Before the season began, Colbe Lewis, a senior and captain of the Unified team, said, "I wish we could have one more practice, but I feel confident that we will do great."

Lewis should feel confident. He was the Unified team's leading scorer and led the Unified team to a 9-2 record last season. In 2017, the Scots made it to the Unified tournament semi-finals but lost a tough



Colbe Lewis goes in for a layup during a Unified basketball game last season. Eagle Times archive photo

game to Lisbon.

Lewis has scored a total of 410 points in his career of basketball with the Unified team. Last year his average was 28 points per game.

The Unified basketball program was established in 2015. Competition has gotten tougher every year. When the program first started there were a total of 17 schools, but now there are 52 teams across Maine.

The program is co-sponsored by the Special Olympics, which holds its annual track and field day each spring on the Bonny Eagle High School track.

The BEHS Unified Team is coached by Ms. Paula Pettersen. This is her third year coaching the Unified team.



Girls basketball co-captains Deirdre Sanborn, left, and Mia Ferrante were honored on Senior Night last week during the last home game of the season. The Lady Scots, who finished the regular season 13-5, were seeded third in the SMAA Division AA South girls tournament that began this week. Staff photo

We Ask BE

Page 8

February 2018

Valentine's Day ... Love it or Loathe It?

Photos and reporting by Tabitha Burgess and Brenna Finn



Jacob Varney: "It depends. If I have a girlfriend, then yeah, it's fine. If I have no one, R.I.P."



Hattie Skvorak: "I like it because it makes other people happy."

Alice McMachen: "I don't really care."



Elizabeth Verrill: "I like it because I get to spend time with my friends and family."

Lauren Esty: "I guess I love it. It's a good thing for people who actually love them."



John Bonica: "I don't mind it because it's good for couples."



Kaitlin Palmer: "I think it's a nice holiday. It makes me happy to see people together and even exchange gifts."



Sam Farwell: "I'd rather love it than hate it."